

CHEF PREPARED NUTRITION PLAN

Monday	Tuesday	Wednesday	Thursday	Friday
1 a.m. Pancakes Spaghetti with Marinara Broccoli Applesauce p.m. Goldfish Crackers	2 a.m. Waffles Lemon & Broccoli Rotini Carrots Peaches p.m. Mandarin Oranges	3 a.m. Bagel with Cream Cheese Bow Tie Lasagna Bake Corn Pears p.m. English Muffin with Sunbutter	4 a.m. Bananas Chicken, Brown Rice & Cheese Casserole Peas Pineapple p.m. Pretzels	5 a.m. Fresh Apples Macaroni and Cheese Mixed Vegetables Mixed Fruit p.m. Fruit and Grain Bars
8 a.m. Waffles Bow Tie Lasagna Bake Green Beans Peaches p.m. Cheese Crackers	9 a.m. Pancakes Chicken Alfredo Carrots Pears p.m. Cheese Quesadilla	10 a.m. Fresh Oranges Potato Beef Bake Corn Pineapple p.m. Mandarin Oranges	11 a.m. Fresh Apples Beef Ravioli Peas Mixed Fruit p.m. English Muffin with Sunbutter	12 a.m. Bagel with Cream Cheese Bean and Cheese Burritos Mixed Vegetables Applesauce p.m. Goldfish Crackers
15 a.m. Pancakes Spaghetti with Marinara Broccoli Applesauce p.m. Goldfish Crackers	16 a.m. Waffles Fiesta Chicken Casserole Carrots Peaches p.m. Mandarin Oranges	17 a.m. Bagel with Cream Cheese Bow Tie Lasagna Bake Corn Pears p.m. English Muffin with Sunbutter	18 a.m. Bananas Sun Butter and Jam Sandwiches Peas Fresh Apples p.m. Chex Mix	19 a.m. Pineapple Macaroni and Cheese Mixed Vegetables Mixed Fruit p.m. Cheese Quesadilla
22 a.m. Waffles Bow Tie Lasagna Bake Green Beans Peaches p.m. Cheese Crackers	23 a.m. Pancakes Chicken Alfredo Carrots Pears p.m. Cheese Quesadilla	24 a.m. Fresh Oranges Potato Beef Bake Corn Pineapple p.m. Mandarin Oranges	25 a.m. Fresh Apples Beef Ravioli Peas Mixed Fruit p.m. English Muffin with Sunbutter	26 a.m. Bagel with Cream Cheese Bean and Cheese Burritos Mixed Vegetables Applesauce p.m. Goldfish Crackers
29 a.m. Pancakes Spaghetti with Marinara Broccoli Applesauce p.m. Goldfish Crackers	30 a.m. Waffles Lemon & Broccoli Rotini Carrots Peaches p.m. Mandarin Oranges	<p>June 18th is National Picnic Day!!</p> <p>Share your favorite places to have a picnic with us on social Media!</p> <p>Be sure to tag us!</p> <div style="display: flex; justify-content: center; gap: 20px;">    </div> 		



June
2020

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<https://www.steppingstoneschool.com/blog/>



DOWNLOAD MENU
TO YOUR PHONE

- All varieties of dairy are low fat & made from reduced fat/2% milk.
- Our nutrition plan exclusively serves whole wheat and/or whole grain pasta, rice & bread items.
- All servings of vegetables are fresh/frozen daily.
- Children under two are served soft fruit and veggies in place of fresh.
- Children under two are served chex in place of pretzels.