

PREPARED MEALS • MUELLER/HYDE PARK

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>a.m. Bagel & Cream Cheese Grilled Chicken & Veggie Pasta Whole Wheat Bread Asparagus Pineapple p.m. Baked Cheese Crackers</p>	<p>3</p> <p>a.m. Wheat Cheese Toast Beef Tacos on Corn Tortillas Cauliflower Apple Sauce p.m. Pita Bread & Hummus</p>	<p>4</p> <p>a.m. English Muffins, Sun butter & Bananas Slices Chicken Veggie Salad Wraps on Flour Tortillas Snap Peas Pears p.m. Crackers, Cheese & Pepperoni Slices</p>	<p>5</p> <p>a.m. Fruit & Grain Bars Meatloaf Whole Wheat Bread Tomato & Cheese Salad w/ Low Fat Italian Mandarin Oranges p.m. English Muffin Pizzas</p>	<p>6</p> <p>a.m. Fruit and Yogurt Parfait Macaroni & Cheese Whole Wheat Bread Peas Fresh Melon p.m. Apples & Sun Butter</p>
<p>9</p> <p>a.m. Whole Grain Pancakes Chicken Stir Fry w/ Lo Mein Zucchini Mandarin Oranges p.m. Rice Cakes</p>	<p>10</p> <p>a.m. Sausage Biscuit Beef Ravioli on Flour Tortillas Peas & Carrots Peaches p.m. Cucumbers/ Carrots & Low Fat Ranch</p>	<p>11</p> <p>a.m. Chex Cereal Squares Chicken and Dumplings Garlic Bread Tomato & Cheese Salad w/ Low Fat Ranch Mixed Fruit p.m. Cheese Slices & Whole Wheat Crackers</p>	<p>12</p> <p>a.m. Bananas Flame Broiled Burgers on Wheat Buns Yellow Squash Banana p.m. Sun butter & Jam Sandwich Squares</p>	<p>13</p> <p>a.m. Whole Grain Fig Bars Macaroni & Cheese Whole Wheat Bread Corn & Fresh Tomatoes Apple Slices p.m. Pretzels & Sun Butter</p>
<p>16</p> <p>a.m. Whole Grain Waffles Cheesy Ranch Chicken Garlic Bread Green Beans Pineapple p.m. Baked Cheese Crackers</p>	<p>17</p> <p>a.m. English Muffins & Soy Butter Macaroni & Beef w/ Tomatoes Whole Wheat Bread Chopped Broccoli Apple Sauce p.m. Pita Bread & Hummus</p>	<p>18</p> <p>a.m. Cinnamon Toast Chicken & Broccoli Rice Casserole Carrots Pears p.m. Crackers, Cheese & Pepperoni Slices</p>	<p>19</p> <p>a.m. Yogurt Chicken Fried Rice Corn Mandarin Oranges p.m. English Muffin Pizzas</p>	<p>20</p> <p>a.m. Banana Cheese Ravioli Pita Bread Mixed Vegetables Fresh Melon p.m. Apples & Sun Butter</p>
<p>23</p> <p>a.m. Bagel & Cream Cheese Chicken Spaghetti Whole Wheat Bread Asparagus Mandarin Oranges p.m. Rice Cakes</p>	<p>24</p> <p>a.m. Wheat Cheese Toast Cod Filet Tacos on Corn Tortillas Cauliflower Peaches p.m. Cucumbers/ Carrots & Low Fat Ranch</p>	<p>25</p> <p>a.m. International Waffle Day! Garlic Chicken & Veggie Pasta Whole Wheat Bread Snap Peas Mixed Fruit p.m. Cheese Slices & Whole Wheat Crackers</p>	<p>26</p> <p>a.m. Fruit & Grain Bars Grilled Chicken & Cheese Pit Sandwiches Tomato & Cheese Salad w/ Low Fat Italian Banana p.m. Sun butter & Jam Sandwich Squares</p>	<p>27</p> <p>a.m. Fruit and Yogurt Parfait Cheese Tortellini w/ Marinara Garlic Bread Peas Apple Slices p.m. Pretzels & Sun Butter</p>
<p>30</p> <p>a.m. Whole Grain Waffles Chicken & Cheese Enchiladas Bake Flour Tortillas Green Beans Pineapple p.m. Baked Cheese Crackers</p>	<p>31</p> <p>a.m. English Muffins & Soy Butter Turkey Meatball Bits w/ Marinara Whole Wheat Bread Chopped Broccoli Apple Sauce p.m. Pita Bread & Hummus</p>	<p>March 25th is National Waffle Day!! Share your favorite waffle recipes with us on social Media! Be sure to tag us!</p>    		



March
2020

Discovery Day!

Join us Thursday, March 19th, as we host our Discovery Day across our Stepping Stone School campuses!

We invite you to:

- Read a book to a classroom
- Have a snack or lunch with your child
- Participate in a craft with your child

Do you know anyone who is looking for the best early care & education for their children? We'll have tours & enrollment specials for them as well!



DOWNLOAD MENU
TO YOUR PHONE

- All varieties of dairy are low fat & made from reduced fat/2% milk.
- Our nutrition plan exclusively serves whole wheat and/or whole grain pasta, rice & bread items.
- All servings of vegetables are fresh/frozen daily.
- Children under two are served soft fruit and veggies in place of fresh.
- Children under two are served chex in place of pretzels.