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(512) 331-4801
7. 900 University Oaks Blvd. \*  
College Station, TX 77840  
(976) 693-0074
8. 7601 O'Connor Drive \*•  
Round Rock, TX 78681  
(512) 246-8344
9. 8121 Shoal Creek Blvd, 78757 \*•  
(512) 371-1777
10. 225 Blockhouse Drive \*•  
Leander/Cedar Park, TX 78641  
(512) 259-3459
11. Seton-Brackendridge Hospital \*  
1313 Red River Street, 78701  
(512) 479-8660
12. 7700 West Parmer Lane, 78729 \*•  
(512) 336-5237
14. 9405 Brodie Lane, 78748 \*•  
(512) 233-4944
15. 2301 N.A.W. Grimes Blvd. \*•  
Round Rock, TX 78665  
(512) 733-1313
16. 651 Teravista Parkway \*•  
Round Rock, TX 78664  
(512) 341-8080
17. Dell Children's Medical Center \*  
of Central Texas  
4900 Mueller Blvd., 78723  
(512) 474-1919
18. Seton Medical Center-Williamson \*  
301 Seton Parkway, Suite 103  
Round Rock, TX 78665  
(512) 341-0909
- 9914 Neenah •  
After School Program at Holy Family  
(512) 246-4455

\* denotes Infant Care Available

• denotes After School Enhancement

**VOTED**  
**"Best Child Care"**  
**2008**

Austin Family Magazine  
Readers' Poll

& '07, '06, '05, '04, '03,  
'02, '01, '99, '98, '97

April 29, 2009

Dear Families,

Stepping Stone School is taking every precaution necessary in order to ensure that the children in our care are safe and well. We have been in contact with the local health authorities and have confirmed we are following proper and optimal health guidelines to prevent the spread of the flu virus. We take our responsibilities very seriously and remain highly vigilant regarding the proper guidelines for the care and well-being of the children.

We are ensuring that our normal hand washing practices are followed exactly as directed by the highest standards for health. We continue to monitor and inspect the hand washing procedures in our centers since frequent hand washing is the most recommended method in preventing the spread of illness. Our excellent teachers and administrators are carefully following all correct procedures. In addition, our teachers, staff and administrators are following sanitization guidelines for every classroom, including common areas, toys, table tops, and all items generally touched by children and adults. Lastly, we are installing additional hand sanitizers at all centers to ensure the highest level of infection control.

I have also determined that anyone (parent or child) who has recently traveled to or from Mexico must have a doctor's clearance in order to attend Stepping Stone School. State regulations require that children who are ill must be kept at home, and we will monitor children at our schools for signs and symptoms as well.

We appreciate the partnership that we share with our families and remain committed to our values of health, safety, and protection of children at all times.

Please find below additional helpful information on preventing the flu.

Very sincerely,



Rhonda Paver, M.A.  
Executive Director

## Preventing the Flu: Good Health Habits Can Help Stop Germs

### 1. Avoid close contact.

Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick.

### 2. Stay home when you are sick.

Stay home from work, school, and errands when you are sick. Keep sick children at home. You will help prevent others from catching the illness.

### 3. Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing. Throw the tissue in the trash after you use it.

### 4. Wash your hands often.

Washing your hands and the hands of your children often will help protect you from germs.

### 5. Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth.

### 6. Practice other good health habits.

Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

There is no vaccine available at this time for the current outbreak of the Swine Flu virus, so it is important for people living in the affected areas to take steps to prevent spreading the virus to others. If people are ill, they should stay at home and limit contact with others, except to seek medical care. Healthy residents living in these areas should take the everyday preventive actions listed above.

People who live in these areas who develop an illness with fever and respiratory symptoms, such as cough and runny nose, and possibly other symptoms, such as body aches, nausea, or vomiting or diarrhea, should contact their health care provider. Their health care provider will determine whether influenza testing is needed.